



Bath-Clog

Date

1700-1902

Medium

Wood

Description

Carved wood sandal or bath clog; similar to Indian padukas worn by Hindus and Jains. The uncovered upper of a paduka is suited the warm climate. They were often used by holy men as the small surface area on the ground

prevented damaging insects and vegetation. They were also worn on special occasions. This type of shoe was probably introduced to East Africa through trade.